

SPIRAL DYNAMICS DEVELOPMENTAL LEVELS DON BECK, CHRISTOPHER COWAN, CLARE GRAVES (TEXT REWRITTEN FOR SIMPLICITY)		DEVELOPMENTAL LEVELS SCALE DEVELOPED BY LOEVINGER & COOK-GREUTER MATCHES WITH SCALES DEVELOPED BY KOHLBERG & KEGAN (TEXT REWRITTEN FOR SIMPLICITY)		ESTIMATED HUMAN POPULATION PERCENTAGE AT THESE LEVELS (LOWER LEVEL = MORE ACCURATE ESTIMATE)		hoe - math SIMPLIFIED		HOW THIS LEVEL FEELS FROM THE INSIDE	
<b>SOCIAL STRUCTURE:</b> Not yet formed (2023) <b>FOCUS:</b> Observe, understand, protect, honor, and allow all beings and phenomena. <b>MENTALITY:</b> Observation without perspective. <b>GOAL:</b> Transform and develop processes in self and world. <b>METHODS:</b> Identify pathology or insufficiency and provide the missing pieces if possible.		<b>Ironist - Unitive</b> Intersystemic evolution rules over deep psychological processes. Focus on the process of interaction causing transformation. Identifies as witness of awareness of various conscious processes. Non-exclusively aware of multiple parts of ego (identifications at various levels of awareness). Capable of conscious action or non-action towards an intended result without attachment to actual outcome. Capable of compassion for the process of development itself. "Aperspectival" / 6th-person perspective creates perception of potential selves-as-not-self, or how the self would be different with a different history or a different perception of history.		<.4% <0.01%		9 COMPLETE		In an unpredictable world, everything we do is only a gesture or a wish, especially over long stretches of time. Sometimes we're good at what we do, and our wishes come true - or so we think. For now. Sometimes not so much. Sometimes, we don't even know. There is not always such a thing as 'is' or 'is not,' 'will' or 'will not.' There is only "seems to me.." or not. Or both. Or neither. The only certain thing is the watcher in us watching and the wisher in us wishing. We are not what we do or what we make, we are the watchers of the doing and of the becoming. I am not the main character; I am just the spotlight. What is revealed is what I illuminate. If we want a better world and a better life, we have to learn where and how to shine the light.	
<b>SOCIAL STRUCTURE:</b> Collective individualism. Beginning late 1900s. <b>FOCUS:</b> Draw understanding to be empowered from an ecology of perspectives. <b>MENTALITY:</b> Trans-rational. Accept experience without need to respond. <b>GOAL:</b> Peace in a world without answers. <b>METHODS:</b> Observe and allow being, and protect boundaries. <b>PATHOLOGIES:</b> Spiritual/soul pathology.		<b>Magician - Construct-Aware</b> Deep psychological processes rule over universal principles. Identifies as the story that the self tells itself about itself using its experiences as words or chapters. Aware of how intentions attempt to manifest themselves through this self-as-history. Able to consciously witness interplay of awarenesses in one self, including thought, emotion, sensation, impulse, memory, desire, etc. Focus on responsibility for own awareness and on transformation of self and of system-as-participation-in-system. Sees multiple histories interacting within and outside of self as elements of globally unfolding reality.		<1% <0.1%		8 SANCTIFY		The world is too complex to control. Life is not a game, it's a show. You can't know for sure what will happen before you act, you can only learn and try. You can <i>intend</i> to do anything you want, and you can be as <i>careful</i> as you want, but to some degree, you have to watch what happens and see how you feel about it later. Life is an experiment. We're all figuring things out as we go. We should all have safe places to try new things, share what we learned, and do it again if it was good. All we can do is the best that we know, so we should all know more.	
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Overmind  
Mala-Mind  
Global Mind  
Late Vision-Logic (Post-paradigmatic)  
Mid Vision-Logic (Paradigmatic)  
Early Vision-Logic (Meta-systematic)  
Formal Operational  
Concrete Operational  
Preoperational (Conceptual)  
Preoperational (Symbolic)  
Sensorimotor

COGNITIVE  
SPIRITUAL  
MORAL  
KINESTHETIC  
ATHLETIC  
EMOTIONAL  
ROMANTIC

DEGREES OF COMPLEXITY OF CO-OCCURRING INDIVIDUAL MINDS, COLLECTIVE MIND (CULTURE), PHYSICAL OR OBJECTIVE FORMS, AND SOCIAL OR SYSTEMATIC ORGANIZATION.

LEVELS

QUADRANTS

INDIVIDUAL CAPACITIES OR ABILITIES WITHIN PEOPLE, CULTURES, OR SYSTEMS THAT DEVELOP TO DIFFERENT LEVELS EITHER INDEPENDENTLY OF EACH OTHER, OR NESTED ONE INSIDE ANOTHER.

PERSPECTIVES OR VIEWPOINTS THAT ANY PART OF REALITY CAN BE SEEN THROUGH. IGNORING ANY QUADRANT CAN RESULT IN INCOMPLETE AND POTENTIALLY DYSFUNCTIONAL RESULTS.

FROM THE INSIDE  
FROM THE OUTSIDE

INDIVIDUAL (BY ITSELF)  
IN CONTEXT (HOW IT'S RELATED TO SURROUNDINGS)

Upper Left (Mind)  
Upper Right (Object)  
Lower Left (Culture)  
Lower Right (System)

FLUCTUATING MODES OF FUNCTION IN MINDS, SYSTEMS, OR ANY KIND OF PHENOMENON.

Awake  
Drunk  
Asleep  
Sober  
Sun  
Rain

DIFFERENCES OR VARIATIONS IN SHAPE, FORM, OR STYLE OF ANY CLASSIFICATION OF OBJECT, BEING, OR PHENOMENON.

Rocky Planet  
Gas Planet  
Male / Female  
Personality Types  
Enneagram  
Myers-Briggs  
Big 5